

LIFESTYLE

SILVER IS THE NEW BLACK

26TH JAN, SUNDAY

Living Pages with Usha Uthup

Elphinstone 04:00 pm -College 05:00 pm Quadrangle

Experience the magic of **Usha Uthup** at Living Pages! Join the iconic singer as she shares her extraordinary journey through music, life, and breaking barriers. A soulful, heartfelt session where her stories come alive, celebrating resilience and passion.

27TH JAN, MONDAY

Power Dressing - The Saree Styling Workshop

YWCA. Fort

01:30 pm -03:30 pm

Did you know a saree can be styled in over 100 unique ways? Wear your power with Kalaneca and ioin twin co-founders Ramva Rao & Kavea Chavali in this saree styling workshop to make a statement at the office, brunch and beyond.

DJ workshop with Suketu

College Quadrangle

08:00 pm

Elphinstone 06:00 pm - Calling all aspiring creators! Join DJ Suketu, the pioneer of Indian DJing, and seasoned VJ and digital artist. VJ Suditi for an inspiring workshop on mastering music and visuals, DJing techniques, VJing artistry, and how to create unforgettable multisensory experiences.

27TH, 29TH & 31ST JAN

Hand Spinning Desi Cotton

Khadi Bhandar.

02:00 pm - Join us for a demonstration on spinning Desi cotton 04:00 pm with Gandhiji's Box Charkha, joined by Arup Rakshit

and Rubi Rakshit

28TH JAN, 30TH JAN & 1ST FEB

The Art of Natural Dveing

Khadi Bhandar. Fort

Fort

02:00 pm -04:00 pm

Join us for a demonstration on the process of natural dyeing and interactions with artisans, joined

by Arup Rakshit and Rubi Rakshit.



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28TH JAN, TUESDAY

Living Pages with Vinay Pathak

Kitah Khana 04:00 pm -05:00 pm

Join us for a unique Living Pages experience with the versatile actor Vinay Pathak! Dive into his incredible journey as he shares stories of creativity, resilience, and life beyond the screen. An intimate, inspiring session where the "human book" comes alive.

Happily Ever After (More or Less)

Kitab Khana 05:00 pm -06:00 pm

If, as Kahlil Gibran said, your joy is your sorrow unmasked, what does it truly mean to be happy? How do we hold onto joy in the face of modern emotional atyachaars? In this soulful discussion, Ashdin Doctor, Sonali Gupta and Janki Santoke navigate the space between grief and happiness.

Fashion x Design: Anita Dongre Store Walkthrough

Anita Dongre Sassoon Building. 141-143, Mahatma Gandhi Road. Kala Ghoda, Fort.

07:30 pm -08:30 pm

An immersive walkthrough of Anita Dongre's iconic flagship store in Kala Ghoda with Kirtida Unwalla (K. **Unwalla Architects).** Capacity: 20 pax. Pre-register by emailing uda.kgafest@gmail.com with the subject 'Anita Donare Store'.

29TH JAN, WEDNESDAY

Living Pages with Priyanka Khimani Kitab Khana

04:00 pm -05:00 pm

Join us for a unique Living Pages experience with Priyanka Khimani, Indian intellectual property lawyer and former screenwriter from Mumbai. Her clients have included stalwarts from the music industry. An intimate, inspiring session where the "human book" comes alive.

Zumba with Akash Salvi Elphinstone College Quadrangle

05:00 pm -06:00 pm

Get ready to groove with a high-energy Zumba session led by the incredible Akash Salvi! Join us for a fun-filled fitness fiesta at the iconic Elphinstone College Courtyard. Whether you're a seasoned dancer or just looking to move to the rhythm, this session promises laughter, energy, and lots of sweat. All are welcome.



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Elphinstone College Quadrangle

06:00 pm -07:00 pm

Indian actress Fatima Sana Shaikh in an engaging Q&A with Rohini Ramnathan about her work and life in the cinema

Rotalks x Taha Shah Badussha Elphinstone College 07:00 pm -Quadrangle 08:00 pm

Join Indian actor Taha Shah Badussha in conversation with Rohini Ramnathan about his journey in cinema, personal insights, and creative inspirations in this candid chat.

30TH JAN, THURSDAY

Mantra Medicine: **Demystifying Sanskrit** Room & Harnessing the

Power of Mantra

DSL Reading

03:00 pm -05:00 pm

Join Oxford-trained Sanskrit expert Shreva Radhika Lakhani for a transformative journey into the world of Sanskrit and mantra. Discover the health benefits of chanting through Sanskrit's precise alphabet and grammar, and how to integrate the practice into your daily life to manage stress.

31ST JAN, FRIDAY

Fashion Trot with IFBFC

Meeting point: Vaishali S Couture

04:00 pm -05:45 pm

Visitors will immerse in the vibrant world of fashion at Kala Ghoda, connecting with visionary designers and emerging boutiques. Walk through the Fashion District of Mumbai and dive into the world of craftsmanship, creativity, and couture. Limited spots. Register on: www.ifbec.com/kgaf

Art for Healing

YWCA. Fort

04:00 pm -06:00 pm

Experience the transformative connection between art and health with Multimedia Artist and Faculty at Rang De Neela, Kisalay Vora, Through storytelling, creative activities, and self-expression, discover how art enhances well-being, supports healing, and promotes emotional balance and stress relief

Laughter is the Best Medicine! Elphinstone College Quadrangle

05:00 pm -06:30 pm

Dr. Anil Abraham, a doctor and comedian, and Dr. Tushar Shah, a Hindi humourist, bring laughter through viral characters and global performances, promoting intelligent edutainment. Both doctors in conversation with Siddharth Warrier about their journey in medicine and stand-up, followed by short performances.



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Future of Art in the Age of Al

Elphinstone College Quadrangle

07:00 pm -08:30 pm

Author of Discussion on Breaking the Career Code. Vibha Kagzi in conversation with Meghna Pant. Dheer Momaya, Purbayan Chatterjee, and Hrishi K about the future of art in the age of Al.

1ST FEB, SATURDAY

City Pulse Quiz with Seema Chari Colaba Social

02:00 pm -04:00 pm

Test your wits in this exciting guiz led by Seema Chari. linguaphile and guizmaster extraordinaire. Dive into themes like Mumbai, fashion, wellness, sustainability, and urban culture in a fun-filled session celebrating

knowledge and creativity! Register at lifestyle.kgaf@ gmail.com with subject 'KGAF Quiz Time.'

Living Pages with Kunal Kohli Kitab Khana

04:00 pm -05:00 pm

Join acclaimed filmmaker Kunal Kohli at Living Pages as he shares his creative journey behind iconic Bollywood films. Discover the magic of storytelling, the art of filmmaking, and the inspiration that fuels his craft.

2ND FEB, SUNDAY

Girls Just Wanna Run! Tata Garden

06:00 am -10:00 am

Join Westside's Wesness for a 5k Run for Women. Get. ready for exciting surprises at every milestone along the run. Register at https://registrations.indiarunning.com/

wesness-run-kalaghoda-31700

Keep Moving with Milind Soman DSL Garden

07:00 pm -08:00 pm

Roopa Pai leads India's fittest family in a conversation on staying young in mind and body. Usha Soman, Milind Soman, and Ankita Konwar reflect on what keeps

them moving and grooving!

Curators: Komal Shah, Rajvi Thakkar

Team: Kanisha Mahadevia, Kushum Ojha, Mariya Gori

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