



LIFESTYLE

SILVER IS THE NEW BLACK

26TH JAN, SUNDAY

Living Pages with Usha Uthup Kitab Khana 04:00 pm - 05:00 pm Experience the magic of **Usha Uthup** at Living Pages! Join the iconic singer as she shares her extraordinary journey through music, life, and breaking barriers. A soulful, heartfelt session where her stories come alive, celebrating resilience and passion.

27TH JAN - 1ST FEB (6 DAYS)

Demonstration on the Process of Natural Dyeing Khadi Bhandar, Fort 11:00 pm - 07:00 pm Join us for a demonstration on the process of natural dyeing and interactions with artisans, joined by Arup Rakshit and Rubi Rakshit.

27TH JAN, MONDAY

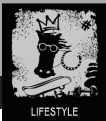
Power Dressing - The Saree Styling Workshop YWCA, Fort 01:30 pm - 03:30 pm Did you know a saree can be styled in over 100 unique ways? Wear your power with Kalaneca and join twin co-founders **Ramya Rao & Kavea Chavali** in this saree styling workshop to make a statement at the office, brunch and beyond.

DJ workshop with Suketu Elphinstone College Quadrangle 06:00 pm - 08:00 pm Calling all aspiring creators! Join **DJ Suketu**, the pioneer of Indian DJing, and seasoned VJ and digital artist, **VJ Suditi** for an inspiring workshop on mastering music and visuals, DJing techniques, VJing artistry, and how to create unforgettable multisensory experiences.



28TH JAN, TUESDAY

Living Pages with Vinay Pathak Kitab Khana 04:00 pm - 05:00 pm Join us for a unique Living Pages experience with the versatile actor Vinay Pathak! Dive into his incredible journey as he shares stories of creativity, resilience, and life beyond the screen. An intimate, inspiring session where the "human book" comes alive.



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Happily Ever After (More or Less)

Elphinstone College
Quadrangle 05:00 pm -
06:00 pm



If, as Kahlil Gibran said, your joy is your sorrow unmasked, what does it truly mean to be happy? How do we hold onto joy in the face of modern emotional atyachaars? In this soulful discussion, **Ashdin Doctor**, **Sonali Gupta** and **Janki Santoke** navigate the space between grief and happiness.

Stories in Space: A Walkthrough of Anita Dongre's Flagship Store

Anita Dongre 07:30 pm -
Sassoon Building, 08:30 pm
141-143, Mahatma
Gandhi Road,
Kala Ghoda, Fort.

An immersive walkthrough of **Anita Dongre's** iconic flagship store in Kala Ghoda with **Kirtida Unwalla (K. Unwalla Architects)**. Capacity: 20 pax
Pre-register by emailing uda.kgafest@gmail.com with the subject 'Anita Dongre Store'.

29TH JAN, WEDNESDAY

Living Pages with Priyanka Khimani

Kitab Khana 04:00 pm -
05:00 pm

Join us for a unique Living Pages experience with **Priyanka Khimani**, Indian intellectual property lawyer and former screenwriter from Mumbai. Her clients have included stalwarts from the music industry. An intimate, inspiring session where the "human book" comes alive.

Zumba with Akash Salvi

Elphinstone College
Quadrangle 05:00 pm -
06:00 pm



Get ready to groove with a high-energy Zumba session led by the incredible **Akash Salvi**! Join us for a fun-filled fitness fiesta at the iconic Elphinstone College Courtyard. Whether you're a seasoned dancer or just looking to move to the rhythm, this session promises laughter, energy, and lots of sweat. All are welcome.

Huddle with Rotalks

Elphinstone College
Quadrangle 06:00 pm -
08:00 pm



Indian actress **Fatima Sana Shaikh** in an engaging Q&A with **Rohini Ramnathan** about her work and life in the cinema.



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30TH JAN, THURSDAY

Mantra Medicine: Demystifying Sanskrit & Harnessing the Power of Mantra DSL Reading Room 03:00 pm - 05:00 pm

Join Oxford-trained Sanskrit expert **Shreya Radhika Lakhani** for a transformative journey into the world of Sanskrit and mantra. Discover the health benefits of chanting through Sanskrit's precise alphabet and grammar, and how to integrate the practice into your daily life as an effective tool for managing stress, nervous system regulation, and grounding.

31ST JAN, FRIDAY

Fashion Trot with IFBEC Meeting point: Vaishali S Couture 04:00 pm - 05:45 pm

Visitors will immerse in the vibrant world of fashion at Kala Ghoda, connecting with visionary designers and emerging boutiques. Walk through the Fashion District of Mumbai and dive into the world of craftsmanship, creativity, and couture. Limited spots. Register on: www.ifbec.com/kgaf

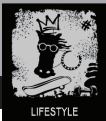
Art for Healing YWCA, Fort 04:00 pm - 06:00 pm

Experience the transformative connection between art and health with Multimedia Artist and Faculty at Rang De Neela, **Kisalay Vora**. Through storytelling, creative activities, and self-expression, discover how art enhances well-being, supports healing, and promotes emotional balance and stress relief.

Laughter is the Best Medicine! Elphinstone College Quadrangle 05:00 pm - 06:30 pm



Dr. Anil Abraham, a doctor and comedian, and **Dr. Tushar Shah**, a Hindi humourist, bring laughter through viral characters and global performances, promoting intelligent edutainment. Both doctors in conversation with Siddharth Warriar about their journey in medicine and stand-up, followed by short performances.



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Future of Art in the Age of AI

Elphinstone College Quadrangle 07:00 pm - 08:30 pm



Author of Discussion on Breaking the Career Code, **Vibha Kagzi** in conversation with **Meghna Pant, Dheer Momaya, Purbayan Chatterjee**, and **Hrishi K** about the future of art in the age of AI.

City Pulse Quiz with Seema Chari

Colaba Social 02:00 pm - 03:00 pm

Test your wits in this exciting quiz led by **Seema Chari**, linguaphile and quizmaster extraordinaire. Dive into themes like Mumbai, fashion, wellness, sustainability, and urban culture in a fun-filled session celebrating knowledge and creativity! Register at lifestyle.kgaf@gmail.com with subject 'KGAF Quiz Time.'

Living Pages with Kunal Kohli

Kitab Khana 04:00 pm - 05:00 pm

Join acclaimed filmmaker **Kunal Kohli** at Living Pages as he shares his creative journey behind iconic Bollywood films. Discover the magic of storytelling, the art of filmmaking, and the inspiration that fuels his craft.

Girls Just Wanna Run!

Tata Garden 06:00 am - 10:00 am

Join **Westside's** Wesness for a 5k Run for Women. Get ready for exciting surprises at every milestone along the run. Register at <https://registrations.indiarunning.com/wesness-run-kalaghoda-31700>

Keep Moving with Milind Soman

DSL Garden 08:00 pm - 09:00 pm



Roopa Pai leads India's fittest family in a conversation on staying young in mind and body. **Usha Soman, Milind Soman**, and **Ankita Konwar** reflect on what keeps them moving and grooving!

Curators: Komal Shah, Rajvi Thakkar

Team: Kanisha Mahadevia, Kushum Ojha, Mariya Gori

Acknowledgments: Indian Fashion Business Exchange Council (IFBEC)

Entry on a first-come-first-served basis. Programmes are subject to change.